

SECTION 1: 1.2 First Aid Training

Course Title:	LEVEL 3 EMERGENCY FIRST AID AT WORK
Target Audience:	<p>This course covers the practical skills needed by a first aider in the modern workplace. The course will give you the confidence and knowledge to deal with first aid emergencies.</p> <p>The course will give you the knowledge and confidence to deal with a first aid emergency in the workplace.</p>
Certificated by: Accredited by:	Accredited by HABC @ Level 3
Number of Delegates per Course:	Individual candidates on an open course. Minimum of 4 maximum of 12 on a closed course.
Course Length:	1 Day – Can be delivered over multiple sessions.
Preferred Session Dates and Times:	Can be delivered at any suitable location.
Method of Delivery:	Classroom – presentation & group work with interactive activities.
Course Aims:	<ul style="list-style-type: none"> ○ Preserve Life – Not only the casualty's but your own as well. ○ Prevent the situation from worsening – The skilled first aider must take action to prevent the whole situation from becoming worse. ○ Promote recovery – the actions of a first aider should, after preventing things from getting worse, help the casualty to recover from their illness or injury
Course Outcomes: Delegates will be able to successfully be aware of and deal with:	<ul style="list-style-type: none"> ○ Acting safely, promptly and effectively in an emergency ○ Cardio Pulmonary Resuscitation (CPR) ○ Treating an unconscious casualty (including seizure) ○ Wounds and bleeding ○ Shock ○ Minor injuries ○ Choking ○ Preventing cross infection, recording incidents and actions and the use of available equipment
Refresher Period:	Valid for 3 years. Annual refresher recommended.

Please contact info@alanscottrainingsservices.co.uk for more info or to book a course